

Utah Behavioral Health Planning and Advisory Council
Approved Minutes

February 25, 2013

2-330 pm, MASOB, room 1020,
Multi-Agency State Office Building (MASOB)
195 N 1950 W, Salt Lake City

***“Our mission is to ensure quality behavioral health care in Utah
by promoting collaboration, advocacy, education,
and delivery of services.”***

UBHPAC Members in Attendance: Lori Cerar, Carol Buffi, Carol Ruddell, Dan Braun, Jenifer Lloyd, Michelle Vance, Rebecca Glathar, Valerie Fritz, Sam Vincent, Christina Zidow, Rebecca Brown, Peggy Hostetter, Ron Bruno (*via Nefsis*), Tyler Goddard (*via Nefsis*), Eliot Sykes (*via Nefsis*), Mary Jo McMillen (*via Nefsis*),

General Public in Attendance: Darrell Boldt, Eric Roux, Pete Doenges, Mary Gully, Sean Eriksen, Cloe Carter, George Martin, and Darin Carver

DSAMH and USH staff in Attendance: Lana Stohl, Doug Thomas, Craig PoVey, Dave Felt, Dinah Weldon, Paul Korth, Robert Snarr, Carmen Lloyd, Susan Hardinger, Lola Davis-Werner, Jenn Oxborrow

Excused UBHPAC Members: Eileen Maloney, Kim Myers, Ginger Phillips

Presenters: Dr. Tim Riesen, Saara Grizell – Utah State University

1. Welcome and Introductions-Jenn Oxborrow for Lori Cerar, UBHPAC Chairperson

- UBHPAC orientation folders are available for those who may be new or interested
- The Mission Statement was read

This is an open public meeting. The UBHPAC provides direction to the Division of Substance Abuse and Mental Health on the use of the Block Grant funding.

2. Review and requested approval of January Minutes- Jenn Oxborrow for Lori Cerar, UBHPAC Chairperson

- Sam Vincent made the motion to approve the January meeting minutes as written, Dan Braun seconded the motion, vote was unanimous

3. Council Executive Committee Update- Dan Braun

- UBHPAC Membership Sub-Committee Update

Dan Braun announced the appointments of six new voting members of the UBHPAC and invited the appointees to join the Council Table. The following applicants are appointed as voting members of the UBHPAC per the agreement of the UBHPAC Executive Committee and the UBHPAC Membership Sub-Committee, in accordance with interim policies and procedures: Christina Zidow, Scott Boyle, Carol Buffi, Heather Apo-Ewers, Vanessa Tuckett and Peggy Hostetter.

Currently there are 24 voting members appointed to the UBHPAC by UBHPAC Executive Committee and the UBHPAC Membership Sub-Committee, in accordance with interim policies and procedures; the UBHPAC has a goal to achieve a fully appointed Council of 30 appointed, voting members and is working to ensure a diverse Council composition with at least 50% representation from consumers and peers, the substance use disorder and addictions community, families and advocates, treatment providers, the LGBTQ population, and tribal and rural areas.

The ongoing review of applications to become a UBHPAC member will end March 31, after which applications for membership will be reviewed quarterly UBHPAC Executive Committee and the UBHPAC Membership Sub-Committee.

During the process of consideration for membership, any non-unanimous votes of the UBHPAC Executive Committee and the UBHPAC Membership Sub-Committee will be brought to UBHPAC for a vote and the majority will rule.

The UBHPAC Executive Committee has been exploring strategies to increase interest in UBHPAC participation, and continues to carefully track the composition of the appointed Council to ensure diversity. The UBHPAC Executive Committee and the UBHPAC Membership Sub-Committee will pursue some possibilities for consumer involvement in the Council through Clubhouses (possibly in the technology centers) and through other community providers such as libraries.

A “new member orientation” for newly appointed UBHPAC members will be conducted by the UBHPAC Membership Sub-Committee to familiarize new

Council members with the projects and protocols of the Council. UBHPAC Executive Committee and the UBHPAC Membership Sub-Committee will work to include Peer Support Specialists in that training process.

The Executive Committee will continue discussion regarding a potential requirement that individuals attend two UBHPAC meetings before being formally considered as a voting member of the UBHPAC, allowing time for perspective members to develop an understanding of the purpose of the UBHPAC and the associated commitments.

The Executive Committee is tabling discussions on the development of extended UBHPAC policies and procedures, to replace the interim UBHPAC policies and procedures. The Executive Committee has decided to focus current efforts on developing a working set of UBHPAC bylaws as the highest priority in the coming months.

Eileen Maloney and Kim Myers, members of the UBHPAC Membership Sub-Committee, are excused from the UBHPAC meeting today as they are traveling to rural communities in the central region of the state to promote awareness of the UBHPAC and the opportunities for participating. They aim to increase participation from consumers and peers, family members, and community members throughout the rural region. Individuals are being engaged in townhall meetings and are provided technical assistance about options for attending UBHPAC meetings either in person or through *Nefsis*. Jenn Oxborrow thanked Eileen and Kim for their efforts.

Eliot Sykes has drafted two letters requesting: DSAMH Leadership's monthly technical assistance to the UBHPAC Executive Committee and DSAMH staff's technical assistance to the UBHPAC as needed.

The UBHPAC identified the following priorities for immediate technical assistance :

- 1) The Division mission, current programs and future plans with regard to prevention and treatment of behavioral health issues both for mental health and substance use
- 2) Budget and programs including the creation, delivery and renewal of policy changes and their impact regarding Medicare, Medicaid, the affordable care act and any other piece that might come up, building block grant prioritization, development and status.

The Council decided to formally request technical assistance monthly, at the UBHPAC Executive Committee meetings. UBHPAC Executive Committees typically occur on the 4th Friday of each month at the DSAMH conference room, at noon. (The next UBHPAC Executive Committee meetings are planned for

March 22nd and April 26th from 12pm-2pm). The Executive Committee sought the UBHPAC's approval to send the requests to DSAMH Leadership.

Dan Braun read the draft letters requesting technical assistance and suggested changes from the Council were made. Revisions to the original draft included a request for ongoing UBHPAC assistance from DSAMH staff, and combining the two drafts into one comprehensive request for technical assistance and support. The draft will be revised by the Executive Committee, and then submit to DSAMH leadership (Lana Stohl, Brent Kelsey, Doug Thomas and Paul Korth).

4. DSAMH Announcements-brief reports

- Dave Felt provided Block Grant updates: DSAMH has been working to achieve an April 1, 2013 due date for the 2014-15 block grant application. As of today, following a legal challenge from other states, SAMHSA revised the due date for the block grant application, reverting to the original dates in September (per the federal statute). Currently, 90% of the 2014-15 Block Grant application is complete, will be posted for public review and comment soon. Once Utah legislators and the Governor determine the extent to which the Utah Health Insurance Exchange and Medicaid Expansion are impacted by the Affordable care Act, several sections of the 2014-15 Block Grant application narrative and financial tables may have to be revised. It was anticipated that the application would be posted by March 1- March 15; review of the draft application by UBHPAC review committee is underway currently.

Jenn Oxborrow thanked those on the UBHPAC Grant review Sub-committee (Lori Cerar, Carroll Ruddell, Valerie Fritz and Delia Rochon) who have helped proofread the drafts of the 2014-15 application. Valerie Fritz was praised for her keen eye. Jenn is keeping record of all feedback regarding the Block Grant application and will share with the Council upon request. While Delia Rochon cannot always attend the UBHPAC meetings, she indicated an interest in supporting the review process and a willingness to offer support as needed. She is a long time partner of UBHPAC. Feedback on the block grant application from consumers, peers, the public and the UBHPAC is welcome at any time and may be submitted directly to Jenn Oxborrow at joxborrow@utah.gov.

- DSAMH Leadership—Monitoring efforts, programming and legislative updates

Legislative Update - Lana Stohl reported the legislature is more than half way through the session. There have been a large number of bills requiring fiscal notes (ie.a

proposed bill is analyzed to determine how it will financially impact state programming and the findings of the analysis are included in a fiscal note to help lawmakers understand the implications of the bill being enacted as a law). The Social Services Appropriations Committee process has been completed. Lana thanked those involved in the *Chill on the Hill Rally* for Recovery at the Capitol, which generated great support and awareness of our behavioral health system for legislators. NAMI and USARA partnered to organize the Chill on the Hill this year. Lana encouraged those present to thank legislators for their support of the event. Lana thanked individuals from the substance use disorder community and from the mental health community for working in partnership to support the needs of the legislature. Initially, substance abuse and mental health funding was not on the Governor's list of funding priorities for the legislative session. During the session, time was set aside each day for Public Comment this year. Lana feels dedicated time for public comment is highly influential on legislators.

Specific legislative funding updates:

- *PASRR*- funding was received; PASRR stands for PREADMISSION SCREENING and RESIDENT REVIEW and is a federally mandated screening and evaluation tool that is used to assess people with mental illness or developmental disabilities who are being considered for nursing facility placements to determine if nursing facility placement is appropriate or if these individuals can be better served in a more integrative setting. The PASRR evaluation also determines if the individual needs specialized services to address his/her disability. PASRR is used to re-assess the needs of existing nursing facility patients whose conditions have changed or stabilized.
- *Early Intervention and Prevention*- The legislature approved funding for mental health early intervention and prevention services through a building block valued at a recommended \$3.5 million dollars. Additionally, the legislature approved \$ 4.5 million in funding at the county level for Medicaid match.
- *Drug Court programs* are impacted by two separate funding requests/bills. Drug Courts in Utah will remain funded at the current level. Mary Jo McMillen asked for clarification on proposed funding measures to add \$2.5 million dollars to the Drug Court program, restoring previous levels of Drug Court service and providing expansion potential to Drug Courts throughout the state. Division Leadership commented that this funding was currently ranked at 40 on the Governor's list of funding priorities.
- *State Hospital DSH (Disproportionate Share for Hospital Programs)* was approved for funding by the Social Services Appropriations Committee and now resides in the Executive Appropriations Committee for funding considerations. This proposed funding supports implementation of a whole

health model of care, integrating physical and behavioral healthcare. This model of integrated care will be stressed in the upcoming local behavioral health authorities' area plans. The Division of Substance Abuse and Mental Health have strong collaborative relationships with the Utah Department of Health and with Medicaid.

- *Treating Unfunded Individuals*-The Medicaid match money should free up funding for the unfunded.

Lana thanked Dinah Weldon for her work preparing information in a short amount of time from the local authorities regarding the efficacy of *Early Intervention and Prevention* programming, supporting the legislature's understanding of the importance for funding support of this work. She did great work and it was well received.

Last week, Jenn Oxborrow, Lori Cerar and Eliot Sykes collaborated on a quick, short grant to the Center for Advanced Human Potential requesting funding for ongoing TA (technical assistance) for ongoing UBHPAC integration and transformation efforts. If awarded support, this grant could provide support for UBHPAC members to travel to other states to observe and learn from other behavioral health planning and advisory councils.

Monitoring Efforts- DSAMH monitoring teams recently conducted site visits of Davis Behavioral Health, and Heber Valley Counseling (which is now Wasatch County Counseling, managed by Wasatch Mental Health). The next site visit will be conducted at Four Corners Counseling and Behavioral Health next which includes Price, Castledale and Moab. Lori Cerar asked that Green River be included in the site visit.

5. Consumer, Public and Council Member Comments

- Tim Riesen, PhD, Utah State University, Dept of Special Education and Vocational Rehabilitation, under an IOTI grant, provides training to Employment Specialists throughout the State of Utah. Dr. Riesen presented information about the importance of Supported Employment (SE) for People with Mental Illness. He distributed a handout and began with historical background on supported employment.
 - Three requirements of the SE model are individuals are integrated into the work environment, working alongside other employees; commensurate wages and benefits; and ongoing support from and Employment Specialist
 - Studies on SE show higher success rate than traditional employment

- Eligibility based on consumer willingness to participate – Zero exclusions
- SE is integrated with mental health treatment and rehabilitation is an integral part of the successful outcomes
- Employment is tied to recovery
- Competitive employment is the goal, rapid job search, good individualized jobs, ongoing support
- Implementation of Supported Employment programming is founded on evidence-based recommendations
- Employment Specialists have caseload of up to 25; they are a part of the treatment team, are responsible for assessment, job placement, and ongoing supports
- In order for success, there has to be a high degree of dialogue on how to make the process work
- Ongoing assessments are based on assumption that a person's needs change
- Commitment to creating career development opportunities
- Follow along; flexible and ongoing support is a must
- Program Implementation Steps: Hiring Employment Specialist with training (3 day) is key, start small and allow programs to build over time
- For more information on Supported Employment the website is www.usetp.org

- Darin Carver's Early Project Empower presentation/ongoing program development and funding consideration was tabled for next meeting in the interest of time.

6. Comments

Lori distributed UBHPAC membership certificates and welcomed the newest members to the Council.

Ginger Phillips was unable to attend today's meeting but asked that the UBHPAC be aware that with the help of NAMI and Ron Bruno, a fact sheet was drafted for the Utah Legislature regarding NCIS and the law in Utah. This was brought about because of concerns of a 10,000 name database which lists those who have been civilly committed due to mental illness and would preclude them from lawfully purchasing a firearm.

The next UBHPAC meeting: Monday, March 25th, 2-330 pm, MASOB, room 1020

Thank you for your support of the UBHPAC!